



**CLOSING RETREAT/YEAR TWO TRACK
READING LIST**

REQUIRED TEXT: YEAR TWO

The Celtic Year

By Caitlin Matthews

HIGHLY RECOMMENDED

The Celtic Way of Seeing: Meditations on the Irish Spirit Wheel

by Frank MacEowen

Meeting the Dragon: Ending Our Suffering by Entering Our Pain

by Robert Augustus Masters

To Bless the Space Between Us

by John O'Donohue

Deep Change: Befriending the Unknown

By Susan Plummer

REQUIRED TEXTS: YEAR TWO TRACKS

The Sacred Art of Discernment

Care of Mind, Care of Spirit: A Psychiatrist Explores Spiritual Direction

by Gerald May

The Art of Spiritual Eldering

From Age-ing to Sage-ing, A Profound New Vision of Growing Older

by Rabbi Zalman Schachter-Shalomi

Soul of Wellness

How to Be an Adult

by David Richo

The Five Invitations

by Frank Ostaseski

The Sunflower: On the Possibilities and Limits of Forgiveness

by Simon Wiesenthal

Healing Practices at the End of Life

The Grace in Dying

by Kathleen Dowling Singh

Spiritual Dimensions of Grief and Loss

How to Go on Living When Someone You Love Dies

by Therese A. Rando