



# Month 10

**The Last Time Together**

# Death

- ▶ Die before you die...practice dying
- ▶ Love the end of things
  - ▶ The 7 things to acknowledge
    - ▶ I love you
    - ▶ Thank you
    - ▶ Forgive me/I forgive you
    - ▶ I'll carry you with me
    - ▶ May this time have blessed you
    - ▶ Goodbye
- ▶ Everything we have talked about informs this event in each of our lives

# Harvest

- ▶ What have you learned this past year that was impactful?
- ▶ What new behavior did you try that changed things?
- ▶ What new understanding do you have of who you are?
- ▶ How clear are you about what you want?
- ▶ And, how willing are you to ask for it?



# A Harvest Poem



# A Vision



# Loving the End of This Time

- ▶ One word or phrase for this moment

