



## TEN COMMANDMENTS OF SUPERVISION-IN-PRACTICE

**Apprentices work with and balance several relationships  
during the course of their apprenticeship experience...**

1. The apprentice is, first of all, accountable to him/her self in ensuring that primary relationships and responsibilities of life are enhanced by the apprenticeship experience.
2. The apprentice is responsible to the usual norms of accountability and supervision within his/her profession and place of practice [either as employee or volunteer].
3. The **Covenant of The Anamcara Project** articulates the rationale and spirituality of the apprenticeship experience; the four pillars of the Tradition are the basis of all apprenticeship practices: Soulfulness, Community, Skillfulness and Mentorship.
4. The apprentice holds in sacred trust those whom they serve □ to do no harm and wherever possible, to support the healing process.
5. The monthly Ceili De group meeting is an opportunity for peer-to-peer support and consultation.
6. The Animator for the Ceili De, while not a supervisor, is nevertheless expected to assist as a liaison of communication between apprentices and the Leadership Team of the **Anamcara Project**.
7. The mentor/s for each program track have a special relationship to apprentices in providing program teachings and recommending appropriate 'best practices.'
8. The Leadership Team of the **Anamcara Project** hold a special responsibility for the well-being of the overall program philosophy and content.
9. If necessary, a physician-consultant for the *Sacred Art of Living Center* is available for issues related to bio-medical concerns or practices.
10. Whenever possible, should conflicts arise within or between these relationships, the Leadership Team of the **Anamcara Project** is to be consulted.

Because the universe has direction, we ourselves have direction. There is meaning in the movement, and intrinsic value in the embrace of every relationship. As Emerson put it, we lie in the lap of immense intelligence which by any other name is Spirit.

Ken Wilber, *A Brief History of Everything*