## ANAMCARA PRACTITIONER'S WAIVER

Sacred Art of Living Center is the sole creator and producer of The Anamcara Project and accepts responsibility for its curriculum, program faculty and supervisors. The Anamcara Project disclaims any liability in connection with the application of specific program skills. The teaching and advice provided in the program curriculum is complementary in nature [i.e. intended to work in tandem with other medical and psychological therapies]. The healing modalities from the classical *ars moriendi* tradition are not designed to be a substitution for allopathic medicine or clinical psychiatric care. When in doubt, care givers and care receivers should consult a physician or mental health clinician. Likewise, as regards the particular faith traditions of care receivers, program skills are intended to support and not replace or compete with traditional pastoral care or chaplaincy services.

The Anamcara Project Team, Sacred Art of Living Center Bend, Oregon USA



The anamcara pays attention to every possible influence on body, mind and soul before prescribing an antidote. An illness is like a broken strand in the web of life. Both the one who offers and receives celestial medication also become medicine to each other in mending the web.

Celtic Book of Lisemore, 9th century

## CONFIDENTIALITY IN THE APPRENTICESHIP



A common notion regarding the meaning of confidentiality is that it means "don't tell anyone." The motivation behind this is in regards to caring for people, specifically caring for and protecting the privacy of others. Yet confidentiality, as used in the realm of most caring professions, is not so simple as "just don't tell." When someone threatens harm to themselves or others, the idea of confidentiality as 'don't tell anyone" no longer works, and is no longer real caring. Telling the right "other people" who can intervene for and protect a client or others is standard practice of care and is not considered a breach of confidentiality.

In many settings where the services offered to a person are delivered through a team effort (nurse, social worker, doctor, chaplain, etc.) confidential information, is shared in

order that the team be informed and empowered to provide the best care possible. Once again, in these settings confidentiality as "don't tell anyone" no longer works and is no longer caring. What guides the caring professions in such a team environment is a principle called "the need to know." Confidential information is only shared with another team member when that other person *needs to know* it in order to provide the best care and service to the client/patient/person.

In the Anamcara project, the confidentiality of all apprentices is to be protected as an act of respect and care. Animators and apprentices are to hold sacred and confidential the information shared in Ceili De group meetings. At times, however, and *only for the purpose of providing the best of all service and training to the Ceili De members*, the animator of a group may share information with the Leadership Team members regarding an apprentice. Likewise a mentor for a program track has the right to communicate with the Leadership Team if a concern arises that impacts personal welfare. The principle of "need to know" will guide what is shared in such a consultation, if and when such a consultation is necessary. Remember, the nature of an apprenticeship is that everyone is a learner.

> The friendship between anamcara is never for them alone... If it is of God, it will benefit the entire world.

> > Gaelic Proverb