

ENNEAGRAM STYLE 2

Twos want to be liked, try to meet the needs of others, and attempt to orchestrate the people and events in their lives.

Also called the... Giver · Helper · Caretaker · Enabler



Enneagram Style
2
GIVING

RELATIONSHIPS

Most Twos believe that personal relationships are the most important part of their existence. It is quite common for Twos to have many friends with whom their emotional lives are intertwined, with the Two providing support, advice, or whatever he or she believes the other person needs. Although Twos often feel that others are dependent on them, Twos themselves become dependent on their relationships for personal affirmation and a sense of self-worth.

FOCUS ON OTHER PEOPLE

Twos usually display an intuitive ability to understand what others need and a corresponding willingness to provide what is needed, if they can. The Two's capacity to reach out to other people can be generalized (for example, anyone who appears hurt or needs something) or highly selective (specific individuals whom the Two believes have high status or are important). In the latter case, Twos will alter their image and behavior to meet the other person's perception of desirability. Generally, Twos instinctively know how to present themselves so that others will like them.

DENIAL OF OWN NEEDS

Because Twos focus so intently on other people, they focus far less, if at all, on themselves. In fact, Twos are often at a loss when asked what they themselves need. When asked this question, most Twos will either appear confused or may say, "I need to be needed." Because most Twos have lost touch with their own needs, they often have difficulty expressing their own needs and getting these met directly.

PRIDE

Twos often take great pride in their ability to make things happen - often behind the scenes - and to know what people need or what situations require better than most other people do. Although they may be quite competent at orchestrating situations and people, there is a downside to this quality: while Twos often become quite elated when things go well, they become deflated and angry when events do not turn out as planned.

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Basic Concern: Am I needed? Will others like me?

Place a check by the words that describe you well.



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GIVING

AREAS OF STRENGTH

- Develop excellent relationships
- Empathic
- Supportive and generous
- Optimistic
- Likeable
- Responsible, hardworking
- Insight into others' needs
- Motivate others
- Practical

AREAS FOR DEVELOPMENT

- Accommodating
- Indirect
- Difficulty saying no
- Angry when unappreciated
- Unaware of own needs
- Overemphasize relationships
- Enraged when others are mistreated
- Overextend / do for others

Do I intuitively know what someone else needs but have a hard time articulating my own needs, even to myself?

Yes No Sometimes

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