

MONTHLY REFLECTION PAPERS (Directions to Apprentices)

Each month for Year Two of the Apprenticeship Program you will be expected to submit an electronic reflection paper. Your paper (no more than one to two pages in length!) consists of two elements:

1. Similar to what you did in Year One, as you watch the monthly recordings and read the assignments for your track, make note of your responses to them. Study logs are not provided, but it may be helpful to jot one Question and one Insight for each assignment (using the I.Q. process that was introduced last year).
Let the questions below guide you in writing your monthly reflection. This is meant to be a summary of what has been most useful to you, not a dissertation.
 - What teachings from the DVD/CDs or reading are most meaningful to you? Why?
 - What questions do they leave you with?
 - How has viewing/listening to this material added to your knowledge and understanding of your chosen track?
2. Offer a brief report/update on how the practices from your individual track are going. You might include a brief story regarding a practice which can either focus on your personal development or how the practice is impacting others.

If you are focusing your track experiences in terms of a 'practicum' project, please offer any updates as well.

Note: Your mentors might make additional suggestions or modifications for the Reflection Papers for your track.

Your papers are due no later than one week **PRIOR** to the next month's online Webinar for your track. This way, your mentors can read your reflections and respond to them if needed before or during the webinar as appropriate. Please keep a calendar of the schedule for submission of Reflection Papers.

Track Email Address: Emails sent to this address will go to each and all of your track mentors.

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