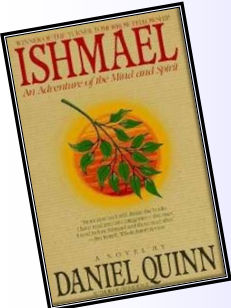


Listening to Earth:
Indigenous Wisdom & Climate Futures
with The International Festival of Arts & Ideas





Reading Recommendation!



“LEAVERS”
Those who live in
the hands of the gods

VS.

“TAKERS”
Those who know
good and evil

Leavers are the most endangered species in the world



Whenever **Takers** encounter Leavers another tribal perspective is lost forever

Time to re-examine life according to a different mythology or we will destroy creation


WISDOM FROM NATIVE SPIRITUALITY

- ➡ Another Mythology for Discernment
- Mystery and Power of ‘Evil’
- Naming Unconscious Resistances
- Potlach and ‘Rules’ for Discernment



CHARACTERISTICS OF ‘PRIMAL RELIGION’

- SPIRITUALITY = Way of Life
- NATURE = Great Teacher
- GOOD = Everything belongs
- EVIL = Denying the darkness
- SHAMAN = Mediator between worlds



“Wankan Tanka Tunkashila”
All things are sacred... everything belongs

ROLE OF THE SHAMAN



Mediator between the human and spirit worlds

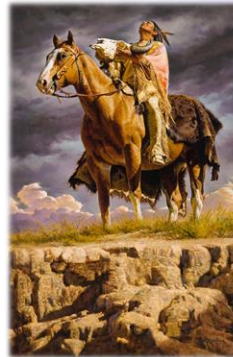


How do we hold the tension that both pain and pleasure, joy and sadness, success and failure can work for or against growth in spirit?

JOSE HOBDAV DVD

WISDOM FROM NATIVE SPIRITUALITY

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The dragon is not evil itself but *not* to believe in the dragon is the doom of earth people...

Black Elk

THE PROBLEM OF 'EVIL'

"A person cannot fight to overcome evil until s/he believes it is a reality."

"Most patients are cured of neurotic fears by learning to take them very seriously."

Carl Jung,
The Transformation of Spirit



DISCERNMENT OF EVIL

- GOOD APPEARS AS EVIL & VICE VERSA
- THERE IS DANGER IN FACING EVIL— BUT IT IS MORE DANGEROUS IF NOT FACED AT ALL
- WHAT IS NOT FACED CANNOT BE DISCERNED
- MOST PEOPLE CONDEMN THEMSELVES FOR THE WRONG SINS—AND AIM FOR THE WRONG VIRTUES
- CONSEQUENCES OF EVIL AFFECT THE ENTIRE TRIBE



ROLE OF SHAMAN - HEALER



Illness is the opportunity to see the sacred

The Evil in this World: A Native American Perspective of Good & Bad



VIDEO ASSIGNMENT

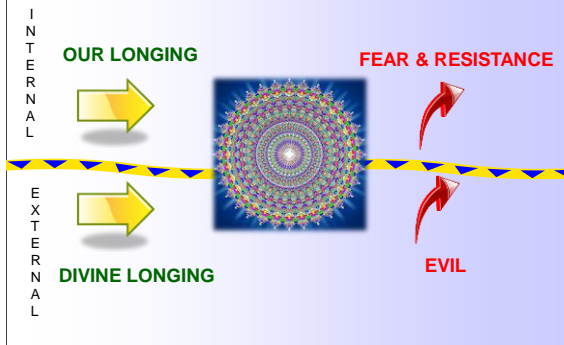


WISDOM FROM NATIVE SPIRITUALITY

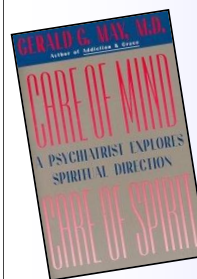
- Another Mythology for Discernment
- Mystery and Power of 'Evil'
- ➡ Naming Unconscious Resistances
- Potlach and 'Rules' for Discernment



FOUR SPIRITUAL FORCES



THE UNCONSCIOUS & PATHOLOGY IN SPIRITUAL DIRECTION



AWARENESSES FOR GROWTH

- ✓ All experiences have some connection with unconscious psycho-dynamics
- ✓ These connections are neither good nor bad in themselves... Their value can be appraised only in terms of their fruit and effects on life experience
- ✓ Even if a given phenomenon is determined to be destructive, it does not exclude the possibility of a deeply graced dimension...

LAKOTA HEYOKA

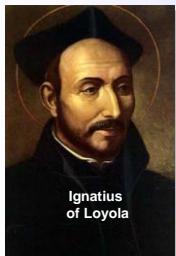


The 'Other,' whose role becomes an official opposite, feeling, asking, thinking and expressing what others will not.

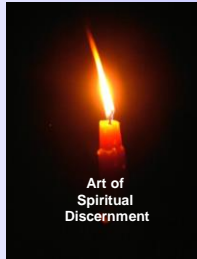
WISDOM FROM NATIVE SPIRITUALITY

- Another Mythology for Discernment
- Mystery and Power of 'Evil'
- Naming Unconscious Resistances

► 'Rules' for Discernment & Potlach



Ignatius
of Loyola



Art of
Spiritual
Discernment

"Whatever is in the darkness should always be brought into the light..."

'RULES' FOR DISCERNING EVIL

"When we are facing something very important in our lives, we often find ourselves up against something equally as great or even greater working against us..."



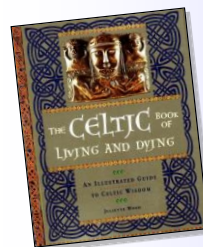
'RULES' FOR MAKING A PROVISIONAL DECISION

"With the support of another wise and caring soul, make a significant period of time *to live into and with* your provisional decision... unless you are in imminent physical or spiritual danger:

- [1] Live with your decision to test its truth lest you are being deceived.
- [2] Use the provisional period as a time of openness for the 'magis' –or greater good
- [3] Then, revisit your decision with any new insights or guidance before making a final or irreversible decision.



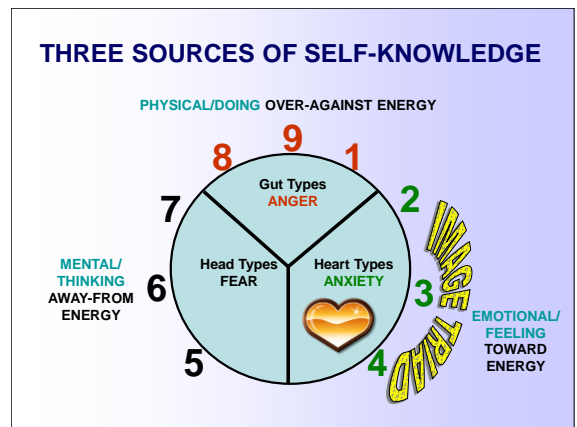
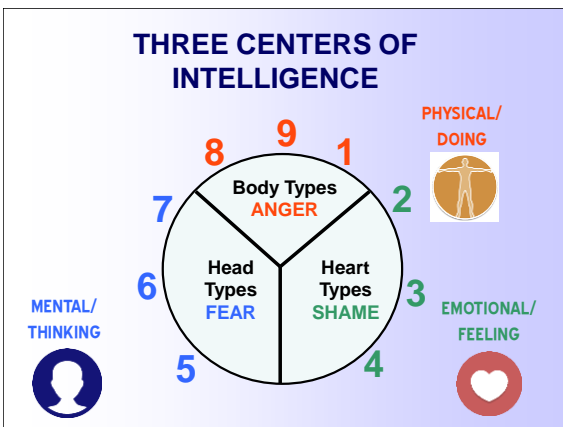
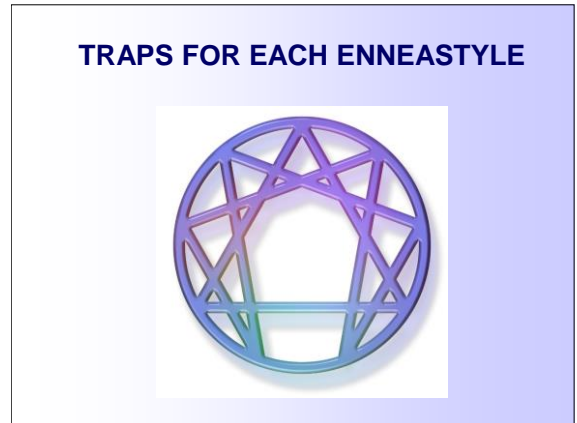
GRATITUDE AS THERAPY




You will not be the same person after consciously giving thanks each day for the abundance that exists in your life.

And you will have set in motion an ancient spiritual law:


The more you are grateful for, the more will be given back to you.






ENNEA-STYLE FOUR

THE EXPRESSIVE
THE INDIVIDUALIST
THE INTROSPECT



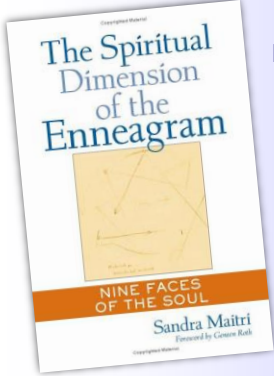
Because their grief about their false sense of being lost and disconnected is felt as emotionally dangerous, E4s look outside themselves and to the world and others to meet their demands and desires. But it never satisfies.



AVOIDANCE

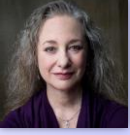
As we try to avoid buried, uncomfortable feelings, our actions become feeling state which each type empathetically evades because it triggers the pain of the original sense of separation.

ENNEA-STYLE 4:
?
?
?




ENNEA-TYPE FOUR: EGO MELANCHOLY

CHAPTER 6



Sandra Maitri



EGO MELANCHOLY

The woundedness of the E4 causes the soul to be in a fixed state of longing or melancholy. This causes E4s to feel disconnected from our shared mystical source.

The personality wants to take over than longing and create a self with it.

—Sandra Maitri




IDEALIZATION

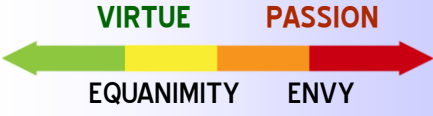


I AM ELITE... SPECIAL

44



CONTINUUM OF TRAITS



VIRTUE PASSION
EQUANIMITY ENVY

Sacred Art of Living Center
© 2023

45

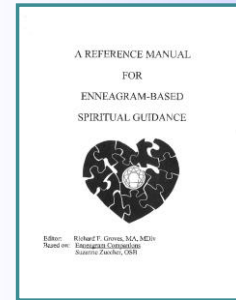


CLOSING INTENTION

Our task is to restore ourselves and each other and the world from our own treasure of inward richness.

— John Tarrant

OUR GUIDE FOR THE ENNEAGRAM IN SPIRITUAL DIRECTION



CASE STUDY ENNEA-STYLE 4

ANNIE, age 69, is a mental health counselor and non-practicing Jew, in the Anamcara Apprenticeship, who has been divorced for many years. She has a daughter (Sara) with whom things are very strained. She has been in a turbulent relationship with a man for several years which seems to be at the heart of her current personal struggles and spiritual pain.

THEMES IN SPIRITUAL DIRECTION

-Carol is a committed spiritual seeker who has recovered a sense of meaning and hope since her involvement in the Anamcara apprenticeship though she still feels a strong sense of being inadequate and is quite fearful of being alone. Carol talks a great deal about growing old and becoming even more isolated.

-She feels drawn to re-imagine or totally change her counseling practice by incorporating insights from spiritual sources.

-Bill is the source of significant tension in her life. Friends tell her that he is a freeloader but Carol cannot disconnect from the relationship without feeling panic attacks and despair. He is currently spending time in a county jail for multiple DUIs.

QUESTIONS FOR DISCERNMENT

What is 'being done to you' as you consider Carol's situation?

-How to best deal with the emotional turmoil in Carol's core relationships (Bill and Sara)?

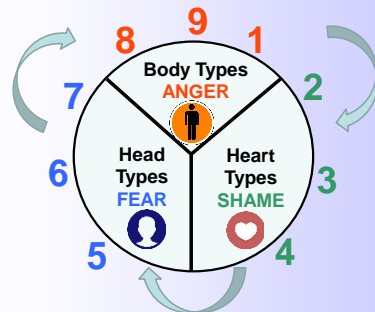
What kind of honest, open questions would you consider?

How might the Enneagram be a supportive tool for Carol right now?

Is there something from Native Spirituality that could support Carol?

What kind of Provisional Decision/s might be worth considering

DIRECTION OF INTEGRATION



MONTHLY PERSONAL DISCERNMENT EXERCISE

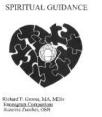
- Identify a significant area in your life where you feel conflicted by significant fear, anxiety or anger [Select an issue that may even contain an element of 'evil' or dark influence –from within or without –however you understand it].
- Through journaling, prayer and the spiritual direction dynamic, bring the struggle 'from darkness into light.' Where appropriate, reference aspects from Native wisdom or the Ignatian Rules of Discernment. Is there a Provisional Decision on the horizon of your life?
- Encourage the practice of daily gratitude and creating a one time 'potlach' ceremony – in ways that address the specific area of struggle.

MONTHLY ASSIGNMENTS


- Make an intention to engage with the Monthly Discernment Exercises [described on previous slide]
- Review assigned articles/videos on the AC Website [Remember to include references to these in your Reflection Paper]
- Meet at least one time with your AC partner prior to the January Webinar session
- Submit your monthly reflection paper no later than Saturday, January 6
- Mark your calendar with 2024 ASD events [January Open House and June Closing Year Two Retreat]
- Begin considering with whom you might engage as apprentice spiritual companion in the new year

ASD SPECIAL (optional) OPEN HOUSE SESSION


A REFERENCE MANUAL
FOR
ENNEAGRAM-BASED
SPIRITUAL GUIDANCE



Editor: Robert F. Grinn, M.A., M.Ed.
Narrator: Elizabeth C. Latham, Ph.D.
Illustrations: Robert Grinn



The Spiritual
Dimension
of the
Enneagram

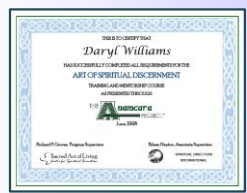


NINE FACES
OF THE SOUL

Sandra Maitri
Foreword by Robert Grinn

TUESDAY JANUARY 9
8-10 AM Pacific/4-6 PM Irish

CLOSING YEAR TWO VIRTUAL RETREAT



31 MAY – 2 JUNE 2024
FRIDAY-SUNDAY
(CLOSING ASD SESSION: 1 JUNE)

A HOLIDAY GIFT IDEA?



Foreword by JOAN HALIFAX

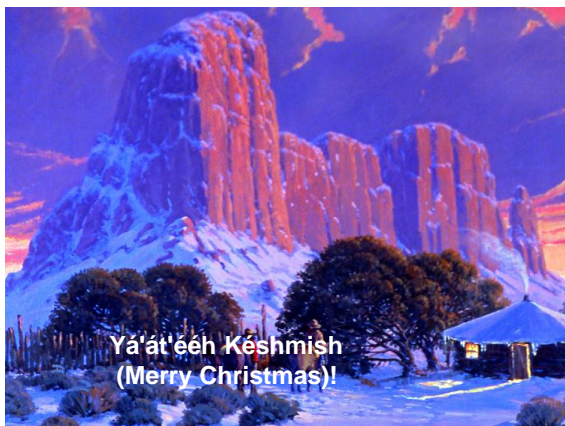
MICHAEL KEARNEY



Michael Kearney, MD
Medical Director
Anamcara Project


POTLACH = GIVE AWAY



Sacred Art of Living
University for Spiritual In-Action

A SOUTHWEST NATIVE PILGRIMAGE
Sacred Sites in Arizona, Colorado, Utah & New Mexico



"A deep encounter
with the Aboriginal
Wisdom of
Ancient Spiritual
Culture"

September 18 – 28, 2024
with Pilgrimage Leader & Cultural Guide
Richard Groves

\$420 per person - 2024 estimate

Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation. Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation. Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation.

ACCOMMODATIONS & WORLD CLASS SITES
Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation. Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation.

ENCOUNTER, LEARN & CELEBRATE
Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation. Includes: airfare, ground transportation, hotel accommodations, meals, and ground transportation.