

Checklist for Creating Peace of Mind

Adapted From: The Sage-ing® Legacy Workbook

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Begin with this intention:

I have carefully considered my needs and desires and have made the following provisions...May they not be needed for a while.

- My **LIVING WILL** is located (where?)...
- **I have discussed with the following people, how I wish to be treated.** If I am not able to care for myself, I trust that my wishes and my intentions will be respected.
- **Concerning my LEGAL AFFAIRS...
The following items are all in order, and can be easily located...**

My will is located....?

Copies have been given to....?

My insurance policies are located...?

My Safe Deposit Box and keys are located...?

Who is authorized to gain access to my Safe Deposit Box on my behalf?

What else needs my attention?

- **Concerning my FUNERAL**

My arrangements have been made with...

I have discussed these arrangements with...

What do I wish to have done with my body?

I want for my epitaph?

What might be left undone?